



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sabrina Wiedmer (27y) 

has successfully competed in

International Ice Swimming Association Ireland 1K National
championships

Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 13:58:00 minutes

Overall 1st / Age Group (25-29y) 1st

WORLD RECORD

Category Women

Pool Course

Water 4.50°C, Wind Chill -8.00°C

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION



Ram Barkai
IISA Chair

Ireland
Chair & Board

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION
IRELAND